



## **GREEN LIGHT FOOD CENTER**

### *CALENDAR OF EVENTS*

- Thursday February 21<sup>st</sup> “Healthy Eating”- Plant based diets are discussed and recipes exchanged 6:30 PM
- Thursday March 7<sup>th</sup> “Yoga With Jen” 6:30 PM – 13 years of age and older \*must pre-register
- Thursday March 21<sup>st</sup> “Bee knowledgeable about honey making & bees” 6:30 PM
- Saturday 30<sup>th</sup> “Cooking with Kim” Healthy recipes, vegetables, take what you make 1-3 PM \*must pre-register
- Thursday April 4<sup>th</sup> “Yoga with Jen” 6:30 PM 13 years of age and older \*must pre-register

To register for the yoga class or any other class /meeting you wish to attend please email your name and phone to: [greenlightfoodcenter@gmail.com](mailto:greenlightfoodcenter@gmail.com)

**ALL CLASSES AND MEETING ARE FREE OF CHARGE AND TAKE PLACE AT FIRST MORAVIAN CHURCH 225 No. 10<sup>TH</sup> St., Easton, PA**